Decrystallizing & Creamed Honey

Decrystallize raw honey in controlled warm water bath.

Creamed honey is raw honey that has been stirred in a controlled way to form a fine granulation.

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1-Decrystallize raw honey

- Temperatures lower than 50°F
 (10°C) can cause crystallization.
- Crystallization occurs more with honey sugars made of glucose.
- Crystals begin to form on particles of wax, pollen, (wildflowers).
- How to Decrystallize honey: Heat your water to max. 110°F (43°C).
- · Can take several hours.
- Called: The Raw Method: No pasteurization.



2-Decrystallize raw honey

- The Dyce Method: Pasteurization.
- Heat your water to 145°F (63°C), and then rapidly cooling it.
- Yeast in honey will be dead in 8 hours when held at 125°F, 30 minutes at 145°F, & 1 minute at 160°F.

Use a canning rack or trivet.





Creamed honey

- 1. Put crystalized honey into a stand mixer & mix on medium speed.
- 2. Mix the honey for 20 minutes.
- 3. Turn the mixer off.
- 4. Place some honey between fingers. Should not feel crystals.
- 5. Cover mixer with a clean kitchen towel & let rest.
- 6. Repeat one or two more times before jarring the honey.

(5 or 10 min. cycles @ higher speed)

6. Put the creamed honey in a clean, dry jar for storage (in fridge).













Creamed raw honey

- Use of seed honey: Add 10-15% fine honey crystals (creamed honey) to jars or pails of liquid honey. Let sit in the perfect temperature range = 57°F (14°C).
- Stir 10% seed honey well with liquid honey and then place it in the fridge.
- Smooth crystals will spread and turn the new jar into creamed honey.
- Takes several weeks.
- Advantages:
 - Can be stored in fridge for years.
 - Smooth honey & easy to apply.
 - Less messy.
 - □ Solution for honey that crystallizes quickly.
 - Can add cinnamon, vanilla or cocoa powder.



